



INDOOR GROW SCHEDULE

COCO / HYDRO / SOIL

Week	1	2	3	4		1	2	3	4	5	6	7	8		
Phase	grow	grow	grow	grow	FLUSH WITH FRESH WATER - FLUSH WITH FRESH WATER	bloom	bloom	bloom	bloom	bloom	bloom	bloom	bloom	FLUSH WITH FRESH WATER - FLUSH WITH FRESH WATER	
SUPER Si <small>MONO-SILICIC ACID</small>	0.15ml	0.15ml	0.15ml	0.15ml		0.3ml	0.3ml	0.15ml	0.15ml	0.15ml	0.15ml	0.15ml	0.15ml		0.15ml
Root V2 <small>BOOSTER</small>	0.5ml	0.5ml	0.5ml	0.5ml		0.5ml	0.5ml	0.5ml	0.5ml	0.5ml	-	-	-		
SUPER N+ <small>NITROGEN - CAL-MAG</small>	0.5ml	0.5ml	0.5ml	0.5ml		-	-	-	-	-	-	-	-		
MEGA PK <small>MEGA BUD - MEGA RESIN</small>	-	-	-	-		-	-	1ml	1ml	1ml	1ml	1ml	1ml		-
EC	1.2	1.4-1.6	1.6-1.8	1.8		1.8-2.0	2.0-2.2	2.0-2.2	2.0-2.2	2.0-2.2	2.0-2.2	2.0-2.2	2.0-2.2		2.0
PH	5.5-5.8	5.5-5.8	5.8	5.8	5.8	5.8	5.8	5.8	5.8	5.8	5.8	5.8-6.0	5.8-6.2		
Humidity	70-85	70-85	70-85	70-85	70-85	60-70	60-70	60-70	50-60	50-60	50-60	40-50	40-50		
PPFD <small>µmol/m²/s</small>	250-350	450-550	550-650	550-650	600-800	800-1000	800-1000	800-1200	800-1200	800-1200	800-1200	800-1200	800-1200		

Plant Mechanics Grow Tips

Mixing Instructions: Add **SuperSi** first to the reservoir filled with clean water before adding any nutrients or additives. Add your favourite Base nutrients. Then add Plant Mechanics Additives. Adjust the pH to ±5.5-6.5.

PM Advice: EC value is measured with Reverse Osmosis water with an EC 0.0. Therefore, always take EC/PPM values first as water EC differs per region. The ideal water temperature of your nutrient solution is 18-21°C. Flush your crop 3-7 days prior to harvesting. Ensure your plants have sufficient light and airflow. For foliar applications please refer to bottle.

Plant Cycles: **Seedling & Clones phase** require 24 hours of continuous light - Airspeed m/s = 0.3 / use Root Booster V2 @ 0.25ml/L
Grow / Vegetative phase require 18 hours of light and 6 hours of darkness - Airspeed m/s = 0.3 - 0.5
Bloom / Flowering phase require 12 hours of light and 12 hours of darkness - Airspeed m/s = 0.8 - 1.0

